



Generations Youth Surprise Hartford City Hall with a “Flash Mob Dance”

Written by CRT Communications

Wednesday, August 24, 2011



*Photos by CRT Communications
Click here for more 'Flash Mob' Photos*

A series of “flash mob” dances led by youth from Community Renewal Team’s (CRT) Generations Campus broke out in the Hartford City Hall atrium at 2pm on August 17, surprising City employees and others who stood around to find out what the music and choreographed dancing was all about.

CRT’s Latoya Blanks signed on to host a Hartford “Let’s Move!” campaign community, which is part of the First Lady Michele Obama’s initiative that aims to halt childhood obesity in the US. Generations collaborated with the Salvation Army and YMCA to bring together a total of 55 youth ages 4-17 that practiced the songs, including “Move Your Body,” all summer in preparation for last week’s event.

This past April, the First Lady partnered with singer/performer Beyoncé to produce “Move Your Body,” a remixed song and dance-inspired exercise routine that has been shown in schools and communities across the country. Blanks and other Generations staff worked the routine into part of the summer programming to keep the kids moving for a good cause.

The finished product seen last week featured a total of four different dances-- all choreographed-- which lasted approximately 20 minutes. Some of the Generations youth sporting the blue “Steps to Success” t-shirts over their clothes shed them as they worked up a sweat toward the end of the performance.

According to the First Lady’s website, “Let’s Move!” is a comprehensive initiative dedicated to solving the challenge of childhood obesity within a generation, so that children born today will grow up healthier and able to pursue their dreams. The campaign also aims to put children on the path to a healthy future by combining comprehensive strategies with common sense at a young age.

Click the link below to see Michele Obama promoting the “Let’s Move” initiative:

<http://www.good.is/post/michelle-obama-and-beyonce-get-kids-dancing-at-600-middle-schools/>

The Generations campus is an affordable rental property for granfamilies, which is the first of its kind to be built in the state. Case management, recreation and other programming is offered on-site for the families and other seniors living at the site.

CRT is the designated Community Action Agency for Middlesex and Hartford Counties and is the largest non-profit provider of human services in Connecticut. The corporate main office is located in the North End of Hartford at 555 Windsor St. and the phone number is 860-560-5600. For more information about this Generations project as well as other CRT programs please contact Jason Natelle in the Communications Department at 860-560-5636 or through email at natellej@crtct.org.