



NEWS RELEASE

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Youth from CRT Program to Perform Flash Mob at Hartford City Hall

HARTFORD—Today, August 17 at 2 p.m., 55 youth from the Community Renewal Team's (CRT) Generations Campus, YMCA and Salvation Army will be participating in First Lady Michele Obama's "Let's Move! campaign," doing their "flash mob dance" at Hartford City Hall.

Generations is CRT's affordable community for low-income grandfamilies.

In April, the First Lady partnered with Beyoncé to produce "Move Your Body," a remixed song and dance-inspired exercise routine. As part of their summer programming at Generations, the youth, ages 4 - 17, have been practicing this dance since June, and now they're ready to go public with it!

We invite local television stations to film the dance routine, as it should make for great story with the back-drop of City Hall.

See clip below which explains a little about this campaign:

<http://www.good.is/post/michelle-obama-and-beyonce-get-kids-dancing-at-600-middle-schools/>

About CRT Generations

Hartford's Generations campus, an affordable rental property, is one of the first of its kind to be built in the state. It is located in the City of Hartford's Northeast Neighborhood and consists of 40 rental apartments with two sections; one for grandparents raising their grandchildren and the other for seniors. Case management, recreation and other programming is offered on-site for grandparents with legal custody of their grandchildren.

About Community Renewal Team

Community Renewal Team, Inc. is the designated Community Action Agency for Middlesex and Hartford Counties and is the largest non-profit provider of human services in Connecticut. The agency's mission is Preparing Our Community to Meet Life's Challenges. The mission is achieved each day by helping people and families become self-sufficient while making sure basic needs are met. CRT's programs include Head Start, Meals on Wheels, energy assistance, supportive housing and shelters, and many others, serving people in more than 60 cities and towns in both our core catchment area and throughout Connecticut.